

### Vocabulary from the text

- 1** Fill in: *scuttle, runs away, suffers, crawling, startle, fear, lessen, produce.*
- Some spiders ..... venom.
  - Paul ..... from a terrible fear of heights.
  - If you see a spider moving fast, don't let that ..... you.
  - Look, there's a little spider ..... up the side of the sink.
  - You should learn more about spiders; this will ..... your fear of these creatures.
  - I just saw something ..... under the kitchen cupboard!
  - Jackie always screams and ..... when she sees a spider.
  - The more you learn about spiders, the more you'll realise there's nothing to .....

**2** Choose the correct word.

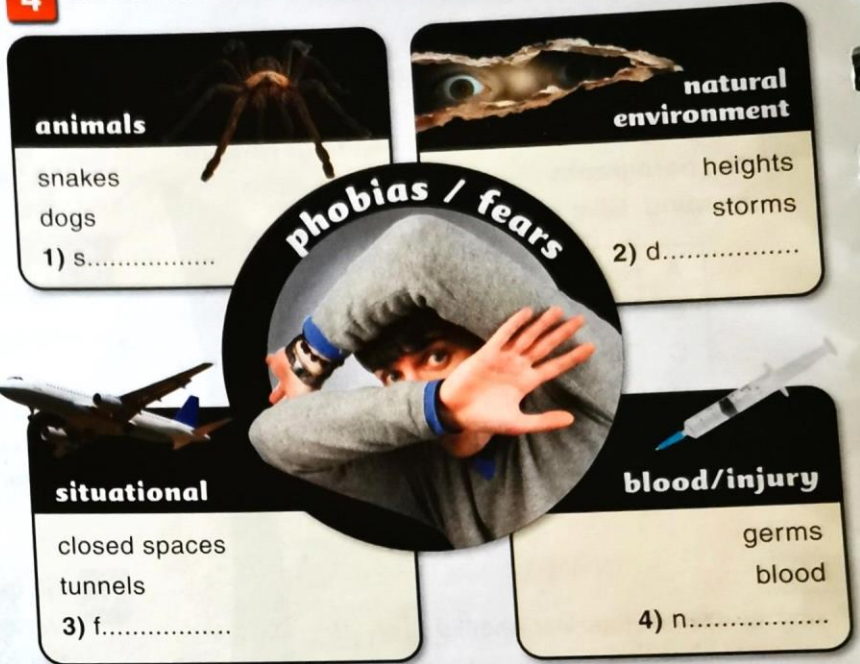
- He was so scared, his hair **stood/kept/held** on end.
- She will avoid cockroaches and spiders at all **price/costs/charges**.
- Arachnophobia is the **panic/horror/fear** of spiders.
- There are some effective **healings/treatments/medicines** for arachnophobia.
- Each time he sees a spider, he runs away **shaking/moving/scuttling**.
- Sweat/Worry/Panic** breaks out on her face and she starts screaming!

**3** Real or True? Complete the phrases.

- 1 too good to be *true* .....;  
 2 ..... story; 3 *real* ..... diamond;  
 4 the ..... thing;  
 5 *true* ..... feelings; 6 dream comes *true* .....;  
 7 *real* ..... reason; 8 *true* ..... to life;  
 9 *real* ..... name; 10 *real* ..... problem

### Topic vocabulary Fears & Phobias

**4** Look at the mind map. Can you add one more?



**5** Fill in the correct word: *face, beat, shakes, faints, control, froze, dry, avoids.*

- My heart starts to ..... very fast when I hear the sound of thunder and see flashes of lightning.
- It's very difficult to ..... your reactions when presented with your worst fear.
- When she sees a snake, she ..... like a leaf.
- On seeing the nurse approaching with the injection, she ..... with fear.
- His mouth was completely ..... as the plane prepared to take off.
- He ..... crowded places such as malls and cinemas.
- When she sees blood, she .....
- You should ..... your fear instead of avoiding it.

**6** **LISTENING** Listen to four people talking about their fears. Match them to the fears. One is extra. Which words helped you decide?

People	Fears
1 <input type="checkbox"/> Kate	a insects
2 <input type="checkbox"/> Laura	b blood
3 <input type="checkbox"/> Mark	c crowds
4 <input type="checkbox"/> Bob	d heights
	e storms

## Feelings

- 7** Choose the correct word. Check in the Word List at the back of the book.

- **anxious** • nervous • embarrassed
- **dizzy** • scared

**1** I thought I saw an old friend in the supermarket last week and I waved madly and shouted her name. Only when I got closer, I realised it wasn't her at all. My cheeks went bright red.

**2** Yesterday morning, I got to the bus stop a few minutes later than usual and no one was waiting. I didn't know if I had missed my bus or not. I was worried that I would be late for work until the bus showed up.

**3** Last weekend I watched a horror film with some friends, but I covered my eyes for most of it because I couldn't watch it. I didn't sleep well that night.

**4** At the end of last term, I walked onto the stage in front of the whole school to give a speech. My palms were sweating and I felt like I had a tight knot in my stomach.

**5** I went up to the top of Blackpool Tower when I was 15, but I couldn't enjoy the view at all. I felt like everything was spinning and I had to go back down and wait for my friends at the bottom.

- 8** **SPEAKING** When did you last feel **anxious, nervous, embarrassed, dizzy, scared**? Tell your partner.

I last felt **anxious** when I

## Idioms (fear)

- 9** a) Fill in: **stood, skin, stiff,**

**butterflies, sheet.**

Which idiom can you see in the picture? Have you got similar idioms in your language?

- 1 Mark went as **white as a** ..... when the wasp landed on his hand.
- 2 I'm so nervous about the exam; I've got ..... **in my stomach!**
- 3 Janet is **scared** ..... of spiders.
- 4 Brian nearly **jumped out of his** ..... when he saw the mouse.
- 5 Harry's hair ..... **on end** when he saw the bear standing in front of him.

b) Make your own sentences using these idioms. Tell your partner.

## Prepositions

- 10** Choose the correct preposition. Check in Appendix II.

- 1 He's afraid **at/of** moths.
- 2 Xenophobia is the word for the fear **of/for** strangers.
- 3 An effective psychologist must be sensitive **to/in** the needs of the patient.
- 4 It's natural to worry **about/at** dangers that are realistic, but a phobia goes far beyond this.
- 5 Treatment of a phobia can often lead **to/about** a permanent cure.

## Word formation (forming negative adjectives)

- 11** Read the theory, then form negative adjectives from the words in brackets.

We use the prefixes **un-** (*happy – unhappy*), **in-** (*correct – incorrect*), **dis-** (*honest – dishonest*), **il-** (*logical – illogical*), **im-** (*patient – impatient*), **in-** (*active – inactive*) & **ir-** (*responsible – irresponsible*) to form negative adjectives.

- 1 I found the people I spoke to at the phobia clinic rather ..... (**FRIENDLY**)
- 2 It is ..... to collect moths in a national park without a permit. (**LEGAL**)
- 3 Mike was rather ..... with the treatment. (**SATISFIED**)
- 4 It's almost ..... to imagine how scared I used to be of germs! (**POSSIBLE**)
- 5 Spiders are relatively ..... pets, compared to dogs and cats. (**POPULAR**)
- 6 There's no point in continuing these sessions if you are going to be so ..... in your attendance. (**REGULAR**)
- 7 Her therapy is .....; she still needs to have a light on in the bedroom all the time. (**COMPLETE**)

## Phrasal verbs: KEEP

- 12** Fill in: **on, away, out, up with**. Check in Appendix I.

- 1 Keep the dog ..... of the garden; he keeps digging up the flowers!
- 2 Keep ..... from the tall grass; there might be venomous snakes there.
- 3 Mrs Jones told the boys to be quiet, but Simon kept ..... talking.
- 4 Alan couldn't keep ..... the others in the group.

